



- You should go to bed at the time the family says and get up in the morning at the time the family says.

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- You are not permitted to sleepover anywhere but at your homestay unless the Homestay Coordinator has approved the sleepover in advance.
  
- You must ask permission well in advance from your homestay parents before going out and inviting friends to visit. You must let your homestay parents know where you are going, who you are with and when you will be home.

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## Feeling safe

### Abuse

If you or someone else is fearful or feeling unsafe, report it.  
If you or someone else is experiencing sexual, physical or other abuse,  
report it to your teacher, Mrs Jakins or Dr Myers.

, Mrs Jakins      Dr Myers

Emergency contact number: 0412 304 375  
0412 304 375

For emergency services (fire, police, ambulance) dial 000.  
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